



ELISA CARD

MIRACLES HAPPEN!

GET WHAT YOU REALLY REALLY WANT!



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HAPPY2SUCCEED

www.elisacard.com

HAPPINESS WILL COME TO YOU WHEN IT COMES FROM YOU
AND SUCCESS IS IN YOUR POWER TO ACHIEVE.

In this **eBook**, I'd like to give you the **FIVE** best tools and the **THREE** pieces of wisdom I've learned as a be-creative mother, as a parent with a dream, as an achiever with goal-set and as a spiritual-being with love for a better and happier world. I hope you will find here exceptional inspiration to begin your journey toward transforming yourself, and transforming your life!

If you are new on this journey or simply if you want to read some more on the subject, you are here for a reason, and I am very proud to be part of it with you. I am very grateful that you are taking the time to read what I have to say about my own experience. Which has been and still is an amazing life, bringing me Joy, Happiness, Freedom, Abundance.

It is our natural birthright to be happy, healthy and wealthy.

Here we go, let's start!



Do you believe in Miracles?

Do you believe in Magic?

Of course, we all did when we were kids, Santa Claus, and all the fairies... But also as a young mind with imagination, I am sure as well as me, you've had day-dreamed of an extraordinary everyday life and a unique magnificent happy future. Then we grow up and with our teenage mind molded by education, and our adult way of thinking boxed by cultural, entrepreneurial, religious believes, our life becomes a perpetual struggle.

Well let me tell you, MIRACLES are possible!

The MAGIC is in your everyday life!

The MAGIC is all around you, as you are yourself part of the Universe, you are part of the MAGIC!

And you can create your Magic and your Miracles.

You have the Power to create more Happiness, more Health, more Wealth.

You just need these 3 simple ingredients:

YOUR THOUGHTS

YOUR FEELINGS

YOUR ACTIONS



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Miracles Happen - The What, The Why, The How

Since centuries, many miracles have been noticed and observed without really understanding the reasons, and the whys, and the hows. In Lourdes, France, and all over the world, many amazing stories have been heard regarding Miracles. Today, scientists have studied the transmission of thoughts to bring desired results into our physical reality.

Scientists have discovered that our brain, our thoughts are vibrations, we all have our own vibrations, like fingerprints. The entire Universe is functioning on vibrations. Whatever is created have their own vibrations too. Magic and Miracles are based on a fundamental law of science and of the Universe.

What it is:

Anything that exists in our Universe consists of pure energy, light, and vibrations. This is the **Law of Vibration**. Your thoughts are inseparably connected to the rest of the universe. "**Like attracts like**". Your thoughts are a very powerful tool. The **Law of Attraction (another law of the Universe)**, is the attractive, magnetic power of the Universe that pulls similar energies together. It exists since the creation of the Universe. It manifests through the power of creation, everywhere and in many ways. Through Nature. Through Humans. The law of gravity is part of the law of attraction.

What it does:

the **Law of Attraction** dictates that whatever can be thought, imagined and held in the mind's core is achievable if you act on a plan to get to where you want to be. Our thoughts, feelings, words, and actions produce energies which, in turn attract like energies. Negative energies attract negative energies and positive energies attract positive energies.

Why it works

The **Law of Attraction** is one of life's biggest mysteries and very few people are fully aware of how much of an impact the Law of Attraction has on their day to day life. Whether we are doing it meaningfully or innocently, every second of our existence, we are acting as human magnets sending out our thoughts and emotions and attracting back more of what we have put out. This law attracts thoughts, ideas, people, situations and circumstances.



The thoughts, feelings and actions we choose have their own rates of vibration. And attract the same.

All my life, since very young, I always set my mind on the decision to be HAPPY!

Anything sad, or disturbing my happy mood would be swept away by my mental back-hand.

My natural nature is already very positive and very optimistic.

In addition, my mother has played a great part in my positive education. Early-on, she shared with my brother, my sisters and me her fearless spirit of self-made woman, entrepreneurship-minded, vegan oriented before the time and conscious of the power of the positive mind. She taught us all that! without precisely knowing about the Law of Attraction. Life lead me several years later, on the path of several Mentors, recognized spirit leaders, from which I have learned and practiced the Law of Attraction.

This amplified and fine-tuned my capacity of using the powerful forces of the Universe.

This is how I could turn around my life and build the life I really really really wanted to create. With Love, Harmony, Laughter, Abundance.

And from my personal experience, THIS WORKS!

I call this MAGIC and MIRACLES!

It is the Law of Attraction

How it works

There are 5 steps to realizing your most amazing dreams, let's start with the Big Picture, the Law of Attraction

1. Attraction & Vibration

Each element that makes up your life experience is drawn to you by the powerful Law of Attraction's response to the thoughts you think and the images you create about your life. Your money and financial situation; your body's state of wellness, size, and shape; your work environment, how you are treated, work satisfaction, and rewards—indeed, the very happiness of your life experience in general— is all happening because of the story that you tell. If you will let your dominant intention be to revise and improve the content of the story you tell every day of your life, it is my absolute promise to you that your life will become that ever-improving story. For by the powerful Law of Attraction, it must be!

The MAGIC is in your everyday life!

The MAGIC is all around you, as you are yourself part of the Universe, you are part of the MAGIC!

You just need these 3 simple ingredients:

YOUR THOUGHTS

YOUR FEELINGS

YOUR ACTIONS

The Law of Attraction is a very powerful force, one of the most powerful of the Universe, all around us. Invisible, yet very present. It is like the law of gravity, we all know about it. Yet we don't think about it, during the day, but the law is there all the time. Without effort, we can benefit from the power of the Law of Attraction.

You just have to know how to connect to it, for the best results. With the three ingredients that we have within us, thoughts, feelings and actions, you will be able to create the best life of your dreams.

- Love, relationship
- Abundance, Money, job, business
- Harmony Building life
- Laughter
- Happiness

Whatever the subject, it is the same for all

a. QUOTES

*“When you become certain that nothing is impossible for you,
you'll attain everything you desire”*

- Wayne Dyer



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“We become what we think about”

- Ralph Waldo Emerson

b) One simple thought

All it takes is ‘one simple thought’, a desire. One thought of a desire. This will bring an image in your mind. The idea is to nurture that image. Your determination is to get something that is inspiring you. It is a dream thought. A project, a plan, a wish, a mission, a venture.

“You are what you think about”

Dr. Wayne W. Dyer



2. YOUR DESIRES

a. what you want

You are meant to live an extraordinary life! We all are born to be happy and to have whatever we want. We all have a deep desire of doing something during our life.

The important step here is to define what exactly you want. Is it in your work life? a new job? or a promotion? Is it a relationship you are dreaming of? Is it learning a new skill to start a business? Is it a trip to a foreign country? ... whatever you wish! you must know very precisely what is your desire.

- Write it down, on a small notebook. Have it handy on your nightstand, to be able to read it when you go to bed, and when you wake up in the morning. Read it as often as possible.

b. The way you want it

Be very clear with your **Desire**, as you are requesting it to the Universe.

It must be very POSITIVE. It must create no harm to anyone. Very importantly, eliminate the I don't, I'm not, it is not, and so on.... And all doubt.

Make it **SMART**:

Specific - A specific goal has a much greater chance of being accomplished than a general goal. To set a specific goal you must answer the six "W" questions:

*Who: Who is involved?

*What: What do I want to accomplish?

*Where: Identify a location.

*When: Establish a time frame.

*Which: Identify requirements and constraints.

*Why: Specific reasons, purpose or benefits of accomplishing the goal.

EXAMPLE: A general goal would be, "Get in shape." But a specific goal would say, "Join a health club and workout 3 days a week."



Measurable - Establish concrete criteria for measuring progress toward the attainment of each goal you set.

When you measure your progress, you stay on track, reach your target dates, and experience the excitement of achievement that spurs you on to continued effort required to reach your goal.

To determine if your goal is measurable, ask questions such as..... How much? How many? How will I know when it is accomplished?

Achievable - When you identify goals that are most important to you, you begin to figure out ways you can make them come true. You develop the attitudes, abilities, skills, and financial capacity to reach them. You begin seeing previously overlooked opportunities to bring yourself closer to the achievement of your goals.

You can attain most any goal you set when you plan your steps wisely and establish a time frame that allows you to carry out those steps. Goals that may have seemed far away and out of reach eventually move closer and become attainable, not because your goals shrink, but because you grow and expand to match them. When you list your goals you build your self-image. You see yourself as worthy of these goals, and develop the traits and personality that allow you to possess them.

Realistic - To be realistic, a goal must represent an objective toward which you are both *willing* and *able* to work. A goal can be both high and realistic; you are the only one who can decide just how high your goal should be. But be sure that every goal represents substantial progress.

A high goal is frequently easier to reach than a low one because a low goal exerts low motivational force. Some of the hardest jobs you ever accomplished actually seem easy simply because they were a labor of love.

Your goal is probably realistic if you truly *believe* that it can be accomplished. Additional ways to know if your goal is realistic is to determine if you have accomplished anything similar in the past or ask yourself what conditions would have to exist to accomplish this goal.

Time – A goal should be grounded within a time frame. With no time frame tied to it there's no sense of urgency. If you want to lose 10 lbs., when do you want to lose it by? "Someday" won't work. But if you anchor it within a timeframe, "by May 1st", then you've set your unconscious mind into motion to begin working on the goal.

Example of a SMART desire:

"By the end of the year, Dec 1st 2017, I'll reach my healthy body-figure at 122lbs, by exercising with the support of my morning routine, at 7AM, 5x/week, for 30mins, and eating 5 fruit & vegetable per day"

c. What to get rid of?

All day long, each and every day, every thought you have is a request to the Universe, as well as your behavior. Be careful of what you watch, what you read. All your encounters during the day, for if it brings negative feelings, or negative thoughts, your dream-project is getting further away from you.

When you wake up in the morning, until when you go to bed in the evening, all your thoughts and behavior must be positive; Even if your little ones do not want to sleep or are thirsty after lights are out... if your teenagers are giving you a hard time... Focus on a positive behavior with positive thoughts. Breath Deep and Give them Love!

We will see later in one of my course how to manage and overcome the drama situations at home, or at work....

Criticism, blame or judgement to others, worries and doubts are bringing negative-mental-images and negative vibrations. The law of attraction states that what you think about expand. So be very careful to not let your mind and your thoughts get pulled by unwanted intrusions. Stay away from the Breaking News, the sensational events showed on TV or any kind of broadcasting, full of anger, violence, retaliation. Protect your inner world, your inner thoughts from this kind of negative interferences, particularly if they make you feel sad, angry about them. *Mother Theresa said: "I will never attend an anti-war rally, if you have a peace rally, invite me"!* It's best to be for Peace rather than against war.

That is why you may stay stuck in your current life, and your dream or project will never get realized.

d. How you'll get it

The best way is to **feel** excited, enthusiastic, passionate, joyful, appreciative, happy, loving, abundant, prosperous, relaxed and peaceful.

Practice to feel the emotions you'll feel when you get it. When you'll succeed. The vibrations of your emotions will create and attract the same things your vibrations are made of. Be very happy and smiling and feel joyous and dynamic and enthusiast as often as possible.

One major sentence that I told myself many times every day, while still working at my 9-5 job, is

"Surround yourself by the conditions which you want to produce"

-Dr. Wayne W. Dyer

This repetition enhanced my feeling the nice warm shiny happiness, deep within me, visualizing and thinking at my project:

Peace, Love, Harmony, Laughter this is my mantra, my moto.

3. BELIEVE

a. Conviction

At the beginning of the 19th century, there was a story, particularly from my family. My Grand-father travelled to Lourdes to help a young lady who couldn't walk for years. They travelled from Brittany (Loudeac) all the way to Lourdes (South of France) during this long uncomfortable trip in a slow train, the handicapped girl ate a drop of water. She was weak and everybody around her imagined she wouldn't make it up to the destination alive.

What they believed was not what SHE BELIEVED!

They all finally arrived safe and sound in Lourdes and prayed, and drank some holy water and prayed more. On the way back to Brittany, the young girl suddenly stood up and started to walk. From my grand-father's eyes, he couldn't believe it. She was healed! That is a Miracle. It was a Miracle.

Your own Miracle lays within you. Deep inside of you.

If you believe, and your conviction is unfailing, "what you ask in praying believe you have received it, and all will be given to you" Like St Jean in the Bible

b. Taking action

Be the action-man for your project. Go, ask, demand,

You must take actions to see evolution. Take specific actions towards your goal.

Act every day. It may take time but you'll see some amazing results and development which you never thought could be possible.

c. Follow your inspiration

Sometimes, we are drawn toward doing something that is not in our habit. But we have gut-feeling and we feel that we should do 'that way' more than 'usual way' for once...

And very often, you'll meet someone that will help you with your project. Or a door will open you are not even imagining. All the solutions exist in the Universe. You just don't know they exist. But if you take the actions, you feel the deep feeling, and you keep your thoughts as clear, loving, and positive as possible, you are on the right direction travelling the wonderful journey going towards receiving your desire goal.

4. RECEIVE

a. Thoughts and Feelings

Every day, we have around 50 thousand thoughts, which is very powerful. If only, they all were positive. To get into the habit of being positive, regarding events, encounters, endeavors, people's interactions, focus on creating the most positive emotions possible.

Love, Joy, Appreciation, Gratitude. That's where the MAGIC lays.

b. Affirmations

To be in perfect vibration, with Love, Joy, Appreciation, Gratitude, the best is to use affirmations. Always, at the present time, and the best would be to repeat them all day long, have some little notes written in your purse, your backpack or on your Smartphone:

- « I am great »
- « Today, I rock »
- « Today, no one will disturb my day »
- "There is no problem, only solutions"
- "I will find a way "

"If you are humble nothing will touch you, neither praise nor disgrace, because you know what you are" – Mother Teresa

5. GRATITUDE

a. Create endless love, joy, harmony, gratitude

Our life is the result of our thoughts. Once we know that, we become very careful on how we are talking and speaking.

The most ancient word which existed is **'Thank you'** and it is mighty powerful.

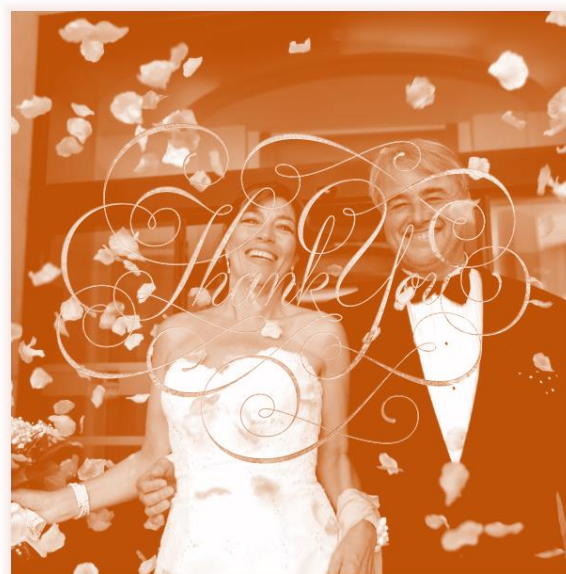
When I really started to use it, knowingly and consciously, every day, all the time, I saw amazing changes occur in my life. Without effort, without forcing.

More than 20 years ago, when I became single-mom, with my 5 sons, I started to use gratitude without really knowing about it, what I knew was only that ancient sentence from the Bible:

"All that you ask in your prayers, believe you have received it, and you shall receive it".

At that time, I used it to pursue one of my most life challenging dreams: Moving to another country, single mom with my 5 sons all under 10 years of age, starting a business from scratch. And it worked. Now, since the first time I read it, I practice Gratitude every day. As I have told you, my life changed so tremendously with Gratitude.

And there is more to Gratitude, this beautiful feeling to appreciate what you have in your life, rapidly, will allow more to come to your life. **Be thankful and more will be granted to you.**





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3 BONUS TIPS

The best tips are that once you start feeling grateful for what you have,
just add Love, Smile will follow, and finally your entire being will be Happy.

LOVE

SMILE

BE HAPPY

You are now on your way to the most Magical and
Extraordinary Life only YOU can imagine,

With Love,

Elisa

Don't forget, be HAPPY2SUCCEED™©

Elisa Card



Elisa Card, mother of 5 boys, single-mom, entrepreneur, overcame intense challenges.
Now, she is happily newly married with the man she's been in love with, for 10 years.
With her extraordinary life, now at 55; she is giving you her life-long secrets and advices
on how to be a happy woman, a happy parent, a happy wife, and simply a happy human.
With her impressive natural ability to reassemble and her calm-strength as a spiritual leader
and super mom, her goal is to reach each one of you,
to make of planet Earth a Happy planet, one human at a time!

ARE YOU READY FOR HAPPINESS WITH LOVE AND SUCCESS?

Happiness and Success, these two words are allied and connected.

Happiness will come to you when it comes from YOU.

And Success is in YOUR power to achieve, at your degree,
at your rhythm, when you decide for good.

Are you ready for success with love and happiness :)) ...?

Join me on my **Blog for FREE practical tools & instant results** www.elisacard.com



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ELISACARD -HAPPY2SUCCEED is a Motivational and Inspirational website
full of phenomenal real life advices and quotes

How to be happy everyday

This website has been created to give to the world coaching and consulting advices regarding life, parenting, well-being, society and psycho-social behavior to reach Happiness and Success. This is a happy inspiring blog for women, men, parents and grand-parents, focused on true life advices and tips.

I help individuals get the right mindset to develop a set of practices that can benefit them to enjoy their parenting and their life as a modern woman, man, by bringing true story advices as a 2.0 parent and grandparent. Materials will be made available for download on this site (tools and templates), as well as free and for purchase e-books.

See you soon on my blog,

www.elisacard.com

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AND SUCCESS IS IN YOUR POWER TO ACHIEVE.